

Schweizer Rekorde / Records Suisse / Record Svizzeri

U15 Women 14 - 15			2005-2006	2020		
Name	Club	KG	Date	Competition	Place	
40 kg						
Snatch	Standard FSHA/SAGV	24				
Clean&Jerk	Standard FSHA/SAGV	32				
Total:	Standard FSHA/SAGV	55				
45 kg						
Snatch	Standard FSHA/SAGV	29				
Clean&Jerk	Standard FSHA/SAGV	39				
Total:	Standard FSHA/SAGV	68				
49 kg						
Snatch	Standard FSHA/SAGV	34				
Clean&Jerk	Standard FSHA/SAGV	45				
Total:	Standard FSHA/SAGV	79				
55 kg						
Snatch	Standard FSHA/SAGV	40				
Clean&Jerk	Standard FSHA/SAGV	50				
Total:	Standard FSHA/SAGV	90				
59 kg						
Snatch	Standard FSHA/SAGV	45				
Clean&Jerk	Standard FSHA/SAGV	55				
Total:	Standard FSHA/SAGV	100				
64 kg						
Snatch	Standard FSHA/SAGV	50				
Clean&Jerk	METELSKI Ronja	61	28.04.19	2è J Ligue SUP.	Staad-ST.GALL	
Total:	Standard FSHA/SAGV	110				
71 kg						
Snatch	Standard FSHA/SAGV	55				
Clean&Jerk	Standard FSHA/SAGV	65				
Total:	Standard FSHA/SAGV	120				
76 kg						
Snatch	Standard FSHA/SAGV	60				
Clean&Jerk	Standard FSHA/SAGV	70				
Total:	Standard FSHA/SAGV	130				
81 kg						
Snatch	Standard FSHA/SAGV	65				
Clean&Jerk	Standard FSHA/SAGV	75				
Total:	Standard FSHA/SAGV	140				
+81 kg						
Snatch	Standard FSHA/SAGV	70				
Clean&Jerk	Standard FSHA/SAGV	80				
Total:	Standard FSHA/SAGV	150				



Schweizer Rekorde / Records Suisse / Record Svizzera

U17 Women 16 - 17			2003-2004			2020
	Name	Club	KG	Date	Competition	Place
40 kg						
Snatch	Standard	FSHA/SAGV	30			
Clean&Jerk	Standard	FSHA/SAGV	40			
Total:	Standard	FSHA/SAGV	70			
45 kg						
Snatch	Standard	FSHA/SAGV	35			
Clean&Jerk	Standard	FSHA/SAGV	45			
Total:	Standard	FSHA/SAGV	80			
49 kg						
Snatch	Standard	FSHA/SAGV	40			
Clean&Jerk	Standard	FSHA/SAGV	50			
Total:	Standard	FSHA/SAGV	90			
55 kg						
Snatch	MIARELLI Laila	GHCBasel	51	19.10.19	DSM	Basel
Clean&Jerk	MIARELLI Laila	GHCBasel	68	19.10.19	DSM	Basel
Total:	MIARELLI Laila	GHCBasel	119	19.10.19	DSM	Basel
59 kg						
Snatch	DE LULLIS Giulia	BienneBCS	57	22.02.20	68èChamp.Bernois	Tramelan
Clean&Jerk	DE LULLIS Giulia	BienneBCS	73	22.02.20	68èChamp.Bernois	Tramelan
Total:	DE LULLIS Giulia	BienneBCS	130	22.02.20	68èChamp.Bernois	Tramelan
64 kg						
Snatch	Standard	FSHA/SAGV	55			
Clean&Jerk	Standard	FSHA/SAGV	65			
Total:	Standard	FSHA/SAGV	120			
71 kg						
Snatch	Standard	FSHA/SAGV	60			
Clean&Jerk	Standard	FSHA/SAGV	70			
Total:	Standard	FSHA/SAGV	130			
76 kg						
Snatch	Standard	FSHA/SAGV	65			
Clean&Jerk	Standard	FSHA/SAGV	75			
Total:	Standard	FSHA/SAGV	140			
81 kg						
Snatch	Standard	FSHA/SAGV	70			
Clean&Jerk	Standard	FSHA/SAGV	80			
Total:	Standard	FSHA/SAGV	150			
+81 kg						
Snatch	Standard	FSHA/SAGV	75			
Clean&Jerk	Standard	FSHA/SAGV	85			
Total:	Standard	FSHA/SAGV	160			

DSM = Deutschschweizermeisterschaft



Schweizer Rekorde / Records Suisse / Record Svizzera

U20 Women 18 - 20			2000-2001-2002			2020
Name	Club	KG	Date	Competition	Place	
45 kg						
Snatch	Standard FSHA/SAGV	40				
Clean&Jerk	Standard FSHA/SAGV	50				
Total:	Standard FSHA/SAGV	90				
49 kg						
Snatch	Standard FSHA/SAGV	45				
Clean&Jerk	Standard FSHA/SAGV	55				
Total:	Standard FSHA/SAGV	100				
55 kg						
Snatch	BRUNO Chiara	WNW Basel	60	14.12.19	Finale Coupe CH	Moutier
Clean&Jerk	BRUNO Chiara	WNW Basel	78	14.12.19	Finale Coupe CH	Moutier
Total:	BRUNO Chiara	WNW Basel	138	14.12.19	Finale Coupe CH	Moutier
59 kg						
Snatch	BUR Stéfanie	WNW Basel	59	25.10.19	49è 210	Tramelan
Clean&Jerk	MIARELLI Laila	WNW Basel	76	09.02.20	1ère J Ligue Sup	Lausanne
Total:	MIARELLI Laila	WNW Basel	133	09.02.20	1ère J Ligue Sup	Lausanne
64 kg						
Snatch	MIARELLI Laila	WNW Basel	64	17.10.20	DSM	Staad-ST.GALL
Clean&Jerk	MIARELLI Laila	WNW Basel	85	17.10.20	DSM	Staad-ST.GALL
Total:	MIARELLI Laila	WNW Basel	149	17.10.20	DSM	Staad-ST.GALL
71 kg						
Snatch	Standard FSHA/SAGV	65				
Clean&Jerk	ILARIA Gandini	Lugano	80	27.04.19	2è J Ligue SUP.	Staad-ST.GALL
Total:	Standard FSHA/SAGV	140				
76 kg						
Snatch	Standard FSHA/SAGV	70				
Clean&Jerk	Standard FSHA/SAGV	80				
Total:	Standard FSHA/SAGV	150				
81 kg						
Snatch	Standard FSHA/SAGV	75				
Clean&Jerk	Standard FSHA/SAGV	87				
Total:	Standard FSHA/SAGV	162				
87 kg						
Snatch	Standard FSHA/SAGV	79				
Clean&Jerk	Standard FSHA/SAGV	92				
Total:	Standard FSHA/SAGV	171				
+87 kg						
Snatch	Standard FSHA/SAGV	83				
Clean&Jerk	Standard FSHA/SAGV	97				
Total:	Standard FSHA/SAGV	180				

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Schweizer Rekorde / Records Suisse / Record Svizzeri

Elite Women +21			< 1999	2020		
	Name	Club	KG	Date	Competition	Place
45 kg						
	Snatch	Standard FSHA/SAGV	40			
	Clean&Jerk	Standard FSHA/SAGV	50			
	Total:	Standard FSHA/SAGV	90			
49 kg						
	Snatch	Standard FSHA/SAGV	50			
	Clean&Jerk	Standard FSHA/SAGV	60			
	Total:	Standard FSHA/SAGV	110			
55 kg						
	Snatch	MEISTER Scheila	68	16.02.19	1ère J Ligue SUP.	Basel
	Clean&Jerk	MEISTER Scheila	86	16.02.19	1ère J Ligue SUP.	Basel
	Total:	MEISTER Scheila	154	16.02.19	1ère J Ligue SUP.	Basel
59 kg						
	Snatch	MEISTER Scheila	79	14.12.19	Finale Coupe CH	Moutier
	Clean&Jerk	MEISTER Scheila	100	14.12.19	Finale Coupe CH	Moutier
	Total:	MEISTER Scheila	179	14.12.19	Finale Coupe CH	Moutier
64 kg						
	Snatch	HEER Nicole	77	19.10.19	DSM	Basel
	Clean&Jerk	MEISTER Scheila	101	15.08.20	Test Wettkampf	CF Andelfingen
	Total:	MEISTER Scheila	176	15.08.20	Test Wettkampf	CF Andelfingen
71 kg						
	Snatch	HEER Nicole	76	07.09.19	Suisse élite	Moutier
	Clean&Jerk	HEER Nicole	91	07.09.19	Suisse élite	Moutier
	Total:	HEER Nicole	167	07.09.19	Suisse élite	Moutier
76 kg						
	Snatch	NORA Jäggi	94	07.09.19	Suisse élite	Moutier
	Clean&Jerk	NORA Jäggi	120	27.04.19	2è J Ligue SUP.	Staad-ST.GALL
	Total:	NORA Jäggi	213	25.10.19	49è 210	Tramelan
81 kg						
	Snatch	Standard FSHA/SAGV	83			
	Clean&Jerk	HOCHSTRASSER Sereina	105	24.05.19	12è Alpencup	Tirol (AUT)
	Total:	Standard FSHA/SAGV	185			
87 kg						
	Snatch	Standard FSHA/SAGV	88			
	Clean&Jerk	Standard FSHA/SAGV	108			
	Total:	Standard FSHA/SAGV	196			
+87 kg						
	Snatch	Standard FSHA/SAGV	93			
	Clean&Jerk	Standard FSHA/SAGV	115			
	Total:	Standard FSHA/SAGV	208			

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Schweizer Rekorde / Records Suisse / Record Svizzeri

U15 Men 14 - 15			2005-2006		2020
Name	Club	KG	Date	Competition	Place
49 kg					
Snatch	Standard FSHA/SAGV	45			
Clean&Jerk	Standard FSHA/SAGV	60			
Total:	Standard FSHA/SAGV	105			
55 kg					
Snatch	BOREL Alexandre	54	14.12.19	Finale Coupe CH	Moutier
Clean&Jerk	BOREL Alexandre	68	14.12.19	Finale Coupe CH	Moutier
Total:	BOREL Alexandre	122	14.12.19	Finale Coupe CH	Moutier
61 kg					
Snatch	Standard FSHA/SAGV	55			
Clean&Jerk	Standard FSHA/SAGV	70			
Total:	Standard FSHA/SAGV	125			
67 kg					
Snatch	Standard FSHA/SAGV	60			
Clean&Jerk	Standard FSHA/SAGV	75			
Total:	Standard FSHA/SAGV	135			
73 kg					
Snatch	Standard FSHA/SAGV	65			
Clean&Jerk	Standard FSHA/SAGV	80			
Total:	Standard FSHA/SAGV	145			
81 kg					
Snatch	Standard FSHA/SAGV	70			
Clean&Jerk	Standard FSHA/SAGV	85			
Total:	Standard FSHA/SAGV	155			
89 kg					
Snatch	Standard FSHA/SAGV	75			
Clean&Jerk	Standard FSHA/SAGV	90			
Total:	Standard FSHA/SAGV	165			
96 kg					
Snatch	Standard FSHA/SAGV	80			
Clean&Jerk	Standard FSHA/SAGV	95			
Total:	Standard FSHA/SAGV	175			
102 kg					
Snatch	Standard FSHA/SAGV	85			
Clean&Jerk	Standard FSHA/SAGV	100			
Total:	Standard FSHA/SAGV	185			
+102 kg					
Snatch	Standard FSHA/SAGV	90			
Clean&Jerk	Standard FSHA/SAGV	105			
Total:	Standard FSHA/SAGV	195			



Schweizer Rekorde / Records Suisse / Record Svizzeri

U17 Men 16 -17			2003-2004		2020
Name	Club	KG	Date	Competition	Place
49 kg					
Snatch	Standard FSHA/SAGV	60			
Clean&Jerk	Standard FSHA/SAGV	75			
Total:	Standard FSHA/SAGV	135			
55 kg					
Snatch	Standard FSHA/SAGV	65			
Clean&Jerk	Standard FSHA/SAGV	85			
Total:	Standard FSHA/SAGV	150			
61 kg					
Snatch	Standard FSHA/SAGV	65			
Clean&Jerk	Standard FSHA/SAGV	90			
Total:	Standard FSHA/SAGV	165			
67 kg					
Snatch	BAKER Gricha	Tramelan	76	14.12.19	Finale Coupe CH Moutier
Clean&Jerk	BAKER Gricha	Tramelan	97	14.12.19	Finale Coupe CH Moutier
Total:	BAKER Gricha	Tramelan	173	14.12.19	Finale Coupe CH Moutier
73 kg					
Snatch	Standard FSHA/SAGV	80			
Clean&Jerk	Standard FSHA/SAGV	100			
Total:	Standard FSHA/SAGV	180			
81 kg					
Snatch	DUDLER Sirin	ASV Rorschach	91	11.05.19	3è J Ligue inf.Ost Pfäffikon (ZH)
Clean&Jerk	DUDLER Sirin	ASV Rorschach	114	28.04.19	2è J Ligue inf.Ost Stad-ST.GALL
Total:	DUDLER Sirin	ASV Rorschach	204	28.04.19	2è J Ligue inf.Ost Stad-ST.GALL
89 kg					
Snatch	Standard FSHA/SAGV	100			
Clean&Jerk	Standard FSHA/SAGV	115			
Total:	Standard FSHA/SAGV	215			
96 kg					
Snatch	Standard FSHA/SAGV	105			
Clean&Jerk	Standard FSHA/SAGV	120			
Total:	Standard FSHA/SAGV	225			
102 kg					
Snatch	Standard FSHA/SAGV	110			
Clean&Jerk	Standard FSHA/SAGV	125			
Total:	Standard FSHA/SAGV	235			
+102 kg					
Snatch	Standard FSHA/SAGV	115			
Clean&Jerk	Standard FSHA/SAGV	130			
Total:	Standard FSHA/SAGV	245			



Schweizer Rekorde / Records Suisse / Record Svizzera

U20 Men 18 - 20			2000-2001-2002		2020	
	Name	Club	KG	Date	Competition	Place
55 kg						
	Snatch	Standard FSHA/SAGV	66			
	Clean&Jerk	Standard FSHA/SAGV	84			
	Total:	Standard FSHA/SAGV	150			
61 kg						
	Snatch	Standard FSHA/SAGV	72			
	Clean&Jerk	Standard FSHA/SAGV	90			
	Total:	Standard FSHA/SAGV	162			
67 kg						
	Snatch	PELLETIER Yann	82	05.10.19	Suisse junior	Rorschach
	Clean&Jerk	PELLETIER Yann	105	05.10.19	Suisse junior	Rorschach
	Total:	PELLETIER Yann	187	05.10.19	Suisse junior	Rorschach
73 kg						
	Snatch	LAB Antoine	106	25.10.19	49è 210	Tramelan
	Clean&Jerk	LAB Antoine	129	25.10.19	49è 210	Tramelan
	Total:	LAB Antoine	235	25.10.19	49è 210	Tramelan
81 kg						
	Snatch	FERRARI Amos	113	28.12.19	Silverstemmen	Lokal Rorschach
	Clean&Jerk	FERRARI Amos	150	28.12.19	Silverstemmen	Lokal Rorschach
	Total:	FERRARI Amos	263	28.12.19	Silverstemmen	Lokal Rorschach
89 kg						
	Snatch	Standard FSHA/SAGV	102			
	Clean&Jerk	STEINEMANN Marc	121	28.12.19	Silverstemmen	Lokal Rorschach
	Total:	Standard FSHA/SAGV	222			
96 kg						
	Snatch	Standard FSHA/SAGV	110			
	Clean&Jerk	STEINEMANN Marc	131	17.10.20	DSM	Staad-ST.GALL
	Total:	Standard FSHA/SAGV	240			
102 kg						
	Snatch	Standard FSHA/SAGV	115			
	Clean&Jerk	Standard FSHA/SAGV	135			
	Total:	Standard FSHA/SAGV	250			
109 kg						
	Snatch	Standard FSHA/SAGV	120			
	Clean&Jerk	Standard FSHA/SAGV	140			
	Total:	Standard FSHA/SAGV	260			
+109 kg						
	Snatch	Standard FSHA/SAGV	125			
	Clean&Jerk	Standard FSHA/SAGV	145			
	Total:	Standard FSHA/SAGV	270			



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Elite Men +21			< 1999	2020		
	Name	Club	KG	Date	Competition	Place
55 kg						
Snatch	Standard FSHA/SAGV		75			
Clean&Jerk	Standard FSHA/SAGV		92			
Total:	Standard FSHA/SAGV		167			
61 kg						
Snatch	Standard FSHA/SAGV		80			
Clean&Jerk	Standard FSHA/SAGV		110			
Total:	Standard FSHA/SAGV		190			
67 kg						
Snatch	HUYNH Kok Sue	Zürich	100	19.10.19	DSM	Basel
Clean&Jerk	HUYNH Kok Sue	Zürich	123	24.05.19	12è Alpencup	Tirol (AUT)
Total:	HUYNH Kok Sue	Zürich	223	25.10.19	49è 210	Tramelan
73 kg						
Snatch	LAB Antoine	Moutier	106	25.10.19	49è 210	Tramelan
Clean&Jerk	LAB Antoine	Moutier	129	25.10.19	49è 210	Tramelan
Total:	LAB Antoine	Moutier	235	25.10.19	49è 210	Tramelan
81 kg						
Snatch	SARGENTI Miguel	ASV Rorschach	114	15.08.20	Test Wettkampf	CF Andelfingen
Clean&Jerk	FERRARI Amos	Vis Nova	150	28.12.19	Silverstemmen	Lokal Rorschach
Total:	FERRARI Amos	Vis Nova	263	28.12.19	Silverstemmen	Lokal Rorschach
89 kg						
Snatch	SCHWANDER Tom	WNWBasel	132	18.05.19	3è J Ligue SUP.	Tramelan
Clean&Jerk	SCHWANDER Tom	WNWBasel	149	27.04.19	2è J Ligue SUP.	Staad-ST.GALL
Total:	SCHWANDER Tom	WNWBasel	279	27.04.19	2è J Ligue SUP.	Staad-ST.GALL
96 kg						
Snatch	TSCHAN Yannick	Tramelan	138	25.10.19	49è 210	Tramelan
Clean&Jerk	TSCHAN Yannick	Tramelan	172	07.09.19	Suisse élite	Moutier
Total:	TSCHAN Yannick	Tramelan	306	18.05.19	3è J Ligue SUP.	Tramelan
102 kg						
Snatch	Standard FSHA/SAGV		140			
Clean&Jerk	Standard FSHA/SAGV		170			
Total:	Standard FSHA/SAGV		310			
109 kg						
Snatch	Standard FSHA/SAGV		145			
Clean&Jerk	Standard FSHA/SAGV		175			
Total:	Standard FSHA/SAGV		320			
+109 kg						
Snatch	Standard FSHA/SAGV		150			
Clean&Jerk	Standard FSHA/SAGV		183			
Total:	Standard FSHA/SAGV		333			

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